



JULY/AUGUST/SEPTEMBER 2021

Outings Calendar

Penrith

Formerly Known
as Easy-Go Connect
& Great Community Transport

☎ 4722 3083

✉ activecarenetwork.org.au

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TRANSPORT, HOME SUPPORT & COMMUNITY CONNECTION

Consistent with NSW Health advice, Active Care Network is doing everything to ensure that all of our staff and clients remain COVID safe. All necessary precautions will be adhered to as updates become available to make sure you have a safe trip and enjoy your day out. This may also result in outings being cancelled, postponed or modified to suit the current climate. Active Care Network will advise you if your booking is affected and your outing confirmation notification will be updated accordingly. Please take time to listen to these messages for relevant updates. We appreciate your understanding and support during these uncertain times and are endeavouring to continue our outings as safely as possible.

Numbers on buses:

- > **Social Distancing Requirements mean larger buses are limited to carrying fewer people to keep you safe**

Areas and days of travel:

- > **You will note that Penrith and Blue Mountains have been divided into areas, Blacktown areas remains the same**

So what does this mean?

- > Day trips may be shorter or we will not be going as far
- > You can Bring Your Own Lunch
- > Lunch can be purchased from a takeaway or café and eaten in a park
- > If clubs and other eateries are open then this provides us another choice
- > Closer to the date lunch venues may be booked
- > Some flexibility is required to have a great day out

If you have any questions or concerns please don't hesitate to contact us. We would like to welcome you back and joining your friends to getting out and about and being socially active again. Please give us a call on **4722 3083** option 2 to speak to the social outing bookings team.

WHICH AREA ARE YOU IN?

Check which area you're in to match it with the colour coded bar  appearing along-side the date in each social outing.

As your health and safety is our main concern Active Care Network has made some changes to the way we host social outings. We need to reduce the number of clients on each bus and ensure everyone has opportunity to access our outings. We have separated suburbs into: East and West for Penrith, Upper and Lower for Blue Mountains. Now you have 2 days per fortnight to choose from! Just check below which suburb you reside in and pick one of the corresponding days on the social outings calendar.

PENRITH EAST

Agnes Banks	Kemps Creek
Berkshire Park	Kingswood
Castlereagh	Kingswood Park
Cambridge Park	Llandilo
Cambridge Gardens	Londonderry
Colyton	Mt Vernon
Cranebrook	Oxley Park
Erskine Park	St Clair
Jordan Springs	St Marys
	St Marys North
	Werrington
	Werrington County
	Werrington Downs



Payment & Booking

- > Call us on **4722 3083** to book your trips.
- > You can pay on the day, except where a pre payment is asked for in the ad. Please have exact change if possible.
- > You can pay for your outing via online payment. Go to our website activecarenetwork.org.au and select online payment. Select pay with a card.
- > Call our finance team on **4722 3083** to pay using your credit or debit card.
- > You can pay by cheque, mail it to Active Care Network, PO Box 124, Lawson 2783
- > To pay by EFT or at the bank (quote your name and the trip date as reference) Commonwealth Bank **BSB 062 589 Account 111 101 96**

PENRITH WEST

Badgerys Creek	Luddenham
Caddens	Mulgoa
Claremont Meadows	Orchard Hills
Emu Heights	Penrith
Emu Plains	Penrith South
Glenmore Park	Regentville
Jamisontown	Wallacia
Leonay	

Important social outing information

- > Be prepared and ready however please wait inside in case we need to call you.
- > Please listen to instructions from drivers and carers regarding the order of the day, return times and meeting places.
- > Make sure you have everything you need for the day, medication, glasses, mobility aids, water, appropriate clothing and comfortable shoes.
- > Remember to pack adequate supplies and medication in case of delays.
- > If you can, try to have exact money or as close to as possible.
- > Remember to bring your sense of adventure.
- > Ensure you bring your seniors or concession card. All clubs need this for you to enter their premises or for discount.
- > You will receive an automated message the day before your outing to advise you of your pick up time.
- > Bookings are accepted on a "first come, first served" basis. Once places are filled, a waiting list is maintained. If you need to cancel, please do so as soon as possible. We can then offer your place to someone on the waiting list.
- > Active Care Network is unable to provide a carer for those who need individual support.
- > Subsidised costs published for all social outings are applicable to eligible clients and their carers.



FLORIADE 2021 (Expression of Interest)

THREE DAYS/TWO NIGHTS - DEPART TUESDAY 21ST SEPTEMBER

We are seeking expressions of interest from clients who might like to join us on a three day (two night) trip to Canberra for Floriade later this year.

Departing on Tuesday 21ST September, we will visit Corbett Gardens in Bowral on the way to Canberra and attend the Last Post Ceremony at the War Memorial before checking into our hotel. Day Two sees us visiting Floriade, Australia’s biggest celebration of spring with a spectacular display of over a million blooms. We’ll drive around Yarralumla for a peek at the Embassies and visit the National Arboretum, where the National Bonsai Collection is housed. Our final day starts with a visit to the top of Telstra Tower before driving north to Tulip Top Gardens for a couple of hours and then heading home.

The cost will be \$575 for twin share/double (\$185 single supplement) and that price includes transport to and from home, coach, accommodation, entry fees and some meals.

To lodge an expression of interest, call 4722 3083 and ask for Nigel.

Card Making with Jenny

EVERY FRIDAY ALL AREAS 10am-2pm | ① ② ③ ④

Join us for fun and laughs and make new friends while creating something unique. Jenny our host will teach you how to make unique cards to give someone for that special occasion. Come along once to try it out or become a regular every week for as often as you like. Classes are suitable for beginners or the advanced creatives. Extra care is taken with social distancing and sanitizing for your safety.

Classes \$15
Morning tea included
Bus - \$10
Location - St Marys
Everyone to bring their own lunch.
Tea & coffee provided.

JUL	AUG	SEP
16TH 23RD 30TH	6TH 13TH 20TH 27TH	3RD 10TH 17TH

The Mint & Reserve Bank Museum

ALL AREAS THU 1ST & FRI 2ND

Today we visit The Mint, a stunning heritage building where the old and the new come together gracefully. Financed with 45,000 gallons of rum The Mint as we know it originally served as the ‘Rum Hospital’ and provided 200 beds for convict patients from 1816 – 1854. This is a small part of the history here with so much more to learn about.

Bus - \$25
Entry is Free

For those that are able and interested just across the road we can also visit the Reserve Bank Museum. Both of these Museums have free entry.

The Australiana Pioneer Village

ALL AREAS WED 14TH JULY

Sited in the little township of Wilberforce, first settled in 1794 is not a reproduction of early buildings, but a street full of authentic dwellings, shops and other buildings that have been moved here from their original sites around the historic Hawkesbury district. Join us for a trip back in time where they are 'Proud to Preserve the Past' and share with you in a tour & talk today. You can bring your lunch today or pre-order by 30th Aug. **Note:** Tea & coffee is only included with the pre-ordered lunch but can be purchased in addition if you bring your own lunch.

Bus - \$25

Entry Fee \$6
(includes Talk & Tour)

Lunch \$15
(Set Menu choice of 3)

Pay to the driver
on the day

Lunch must be pre-ordered: (All meals come with cake & ice-cream, tea & coffee).

- Chicken Schnitzel Chips & Salad
- Beer Battered Fish Chips & Salad
- Fish Cocktails, Garlic Prawns Chips & Salad

Fairfield Markets

ALL AREAS SAT 24TH JULY

We have started up Saturday outings once a month and our first trip is to Fairfield Markets. Blacktown and Blue Mountains have been offered the same so chances are you will see them there.

Bus - \$25

Entry is Free

Fairfield Showground is renowned as the venue of the Fairfield Markets which have been attracting many shoppers each weekend since the Seventies. With everything from clothes and sporting gear to jewellery, household items, grocery items to fresh fruit and veges. When it's time for a relaxing break there are plenty of places to pick up something to eat or drink and find somewhere to sit and enjoy.

Edogawa Commemorative Garden & Gosford Regional Gallery (Gosford)

EAST THU 29TH | WEST FRI 30TH

Located on the shores of Caroline Bay in East Gosford, the Gosford Regional Gallery and the Edogawa Commemorative Garden is one of the Central Coast's leading tourist attractions. The garden is based on a traditional 'shuyu' (strolling style) garden, incorporating Japanese features. With meandering pathways, a roofed Japanese pavilion overlooking the Koi pond (bags of fish food are available from the gallery shop), Japanese teahouse, the garden offers a tranquil setting in which to relax and enjoy art and nature. Entry to the garden and gallery is free with donations welcome. Lunch will be local or you may bring your own. There is also a café located at the garden.

Bus - \$25

Entry is Free

Brislington Medical & Nursing Museum

WEST THU 12TH | **EAST FRI 13TH**

Brislington – a gracious Georgian building stands on the corner of George and Marsden Streets in Parramatta. It is the oldest existing dwelling house in the inner City of Parramatta and since 1983 has been a Medical and Nursing Museum for the former Parramatta Hospital. Brislington pays tribute to a by-gone era and shows a “then” and “now” picture of Medical Science and Hospital Care in Parramatta. Talk and tour \$3.00 payable on the day. Walkers allowed today but some mobility is required to access the 2nd floor.

Bus - \$25

Entry is \$3
Payable to the driver
on the day

Information provided for those limited to the ground floor. Lunch at Club Parramatta with \$15 lunch specials or bring your own and have in the park.

Community Conversations

ALL AREAS WED 18TH & FRI 20TH AUG

Active Care Network has a goal to speak with every one of our clients in the next year. In having a conversation with us you will have an opportunity to talk about the community you want to be a part of and, importantly, you will also have a longer term influence on how we better deliver our service and programs. Our preference is to have a friendly, in-person conversation with you and so we have organised free events that you can participate in. The transport will be free and there will be some lunch specials available at the venues so you can grab a bite before or after the event. Please join us and have your say.

Bus is Free

Glenbrook Rotary Markets

ALL AREAS SAT 21ST AUG

Glenbrook Rotary Markets is held on the first and third Saturday of each month. The market features handicraft, plants, fruit and veg, delicious homemade food, clothing, soaps and personal items along with unusual handmade treasures, food outlets and coffee with live entertainment.

Bus - \$25

Entry is Free

Vaucluse House

EAST THU 26TH | **WEST FRI 27TH**

Vaucluse House is one of Sydney's few 19th-century mansions still surrounded by its original gardens and wooded grounds. In 1915 Vaucluse House became Australia's first official house museum and continues to entice visitors to its lush and still secluded grounds. In 2015, Vaucluse House celebrated 100 years of being a museum. The ground floor of Vaucluse House is accessible for all but stairs must be climbed to access the rest of the house. Entry \$11. Must be paid by card only - no cash due to COVID. Lunch shall be waterside at Watsons Bay where you can bring your own or spoil yourself at the local café or takeaway.

Bus - \$25

Entry is \$11
Pay by card
to venue

Cobbitty Markets

ALL AREAS SAT 4TH SEP

Experience a true country market day with 150 stalls selling an exciting and wide range of craft, hand made goods, gifts and wares. These include ceramics, woodwork, paintings and frames, clothes and jewellery, gourmet foods, plants and local produce. The market is in the grounds of Cobbitty Public School with lovely shade trees, some covered walkways and the delightful country atmosphere of Cobbitty town. **Please Note:** The school grounds are somewhat uneven in some places so care needs to be taken while here.

Bus - \$25

Entry is Free

Riverboat Postman – Lunch & Cruise

WEST THU 9TH | EAST FRI 10TH

All aboard!! The Riverboat Postman for a light-hearted look at the magnificent Hawkesbury River and its more isolated residents as the boat delivers on behalf of Australia Post the mail and other daily essentials during this three and a bit hour cruise. Enjoy entertaining and informative commentary while covering about 40kms of the lower Hawkesbury River.

Bus - \$25

Cruise & Lunch \$49
(includes Talk & Tour)

Pay by Mon 30th Aug

- **Morning Tea** (served on departure)
- **A delicious Ploughman's style lunch** (ham, salad, various chutneys and condiments and a freshly baked Turkish bread roll)

If you have any special dietary requirements (Vegetarian or Gluten Free) please let us know when you place your booking. **Note:** Today is a very early start to make it to the boat on time.

Justice & Police Museum (Circular Quay)

EAST THU 23RD | WEST FRI 24TH

Step into the dark side of Sydney's past with a visit to the Water Police station and courts that once made up one of the city's busiest legal hubs. With its 1890s holding cells, offices, charge room and courts, the museum draws you into a world of crime, punishment and policing, from bushrangers, sly grog and razor gangs to forensics. A vast archive of crime scene photography and mug shots reveal more than a century of underworld Sydney. Lunch will be close by on the harbour today where you can choose where to dine or bring your own.

Bus - \$25

Entry Fee \$16
(includes Talk & Tour)

Pay by Mon 6th Sep

Please Note: This is a pre-paid booking that can only be refunded if your spot can be filled should you need to cancel.

Wine & Dine Night – Workers Hubertus Country Club, Luddenham

ALL AREAS WED 29TH EVENING TRIP

Let's have the night off from cooking and have someone else do it for us. Now it's getting a little warmer and daylight savings is only a month away why not splurge and treat ourselves to a night out on the town. Located inside Workers Hubertus, Hub Dining is a warm and welcoming place to enjoy with our friends and a menu bursting with traditional German cuisine. If German isn't to your liking, there is a good range of grilled meats and fresh seafood to suit many tastes.

Bus - \$20

SCHEDULE OF SUBSIDISED FEES – CHSP, CTP

SERVICES OPERATING FROM PENRITH LOCAL GOVERNMENT AREA

EFFECTIVE 01/09/2020

INDIVIDUAL TRANSPORT (from one address to one destination) – Covering all suburbs within LGA
Hours 7am to 4.30pm

PENRITH LOCAL GOVERNMENT AREA

ONE WAY OR RETURN

Single client	\$15.00
Couple*	\$20.00

INDIVIDUAL TRANSPORT – Next LGA within ACN's Service Area. Hours 9am to 3pm

BLACKTOWN, BLUE MOUNTAINS

ONE WAY OR RETURN

Single client	\$20.00
Couple*	\$25.00

OUT OF AREA TRANSPORT – Limited services available – 9am to 3pm sharp!

ONE WAY OR RETURN

LIVERPOOL, RICHMOND, WINDSOR

Single client	\$30.00
Couple*	\$35.00

ONE WAY OR RETURN

BELLA VISTA, CASTLE HILL, FAIRFIELD, MERRYLANDS, PARRAMATTA, WESTMEAD

Single client	\$45.00
Couple*	\$50.00

GREATER SYDNEY AREA TRANSPORT – Limited by volunteer availability – 9am to 3pm sharp!

CONCORD, RYDE, HORNSBY

ONE WAY OR RETURN

Single client	\$60.00
Couple*	\$65.00

SYDNEY

ONE WAY OR RETURN

Single client	\$90.00
Couple*	\$95.00

NORTHERN SYDNEY

ONE WAY OR RETURN

Single client	\$120.00
Couple*	\$125.00

INDIVIDUAL TRANSPORT – Health Related Transport (Penrith/Blue Mountains Hospitals)

ONE WAY OR RETURN

TRANSPORT TO DIALYSIS/CHEMO ONLY	\$5.00
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GROUP TRANSPORT

SHOPPING BUS FROM MULTIPLE ADDRESSES TO ONE DESTINATION \$10.00 per person

SOCIAL OUTINGS FROM MULTIPLE ADDRESSES TO ONE DESTINATION \$25.00 per person

* Couple rates are applicable when only one person is attending an appointment.

Please Note: Prices are subject to change without notice

SHOPPING SERVICES

Weekly shopping services run to the following centres. Please use the estimated arrival and departure times when booking. Subsidised fares for all shopping buses are **\$10.00 per person**. Limit of 4 environmental shopping bags per person.

WEEK A

CENTRE	DAY	ARRIVAL TIMES (estimated time and client areas)	DEPARTURE TIMES (estimated time and client areas)
Nepean Square	Monday	10.00 am (All Penrith areas)	12.00 pm (All Penrith areas)
Nepean Square	Tuesday	8.45 am (Tench Ave Nepean Shores) 9.45 am (Mulgoa Rd Mtn View)	10.45 am (Tench Ave Nepean Shores) 11.45 am (Mulgoa Rd Mtn View)
Penrith Plaza	Wednesday	10.00 am (All Penrith areas)	12.00 pm (All Penrith areas)
St Marys Shops	Thursday	9.00 am (W'ton–St Marys) 10.15 am (St Clair–Erskine Park)	11.00 am (W'ton–St Marys) 12.15pm (St Clair–Erskine Park)
Nepean Square	Friday	10.00 am (All Penrith areas)	12.00 pm (All Penrith areas)

WEEK B

CENTRE	DAY	ARRIVAL TIMES (estimated)	DEPARTURE TIMES (estimated)
Nepean Square	Monday	8.45 am (Kingswood, Penrith) 10.30 am (G'Park, Regentville)	10.45 am (Kingswood, Penrith) 12.30 pm (G'Park, Regentville)
Nepean Square	Tuesday	9.30 am (All Penrith areas)	11.30 am (All Penrith areas)
Emu Plains Lennox Centre Shops	Thursday	9.00 am and 10.00 am	11.00 am and 12.00 pm

First Working MONDAY of the Month

CENTRE	DAY	ARRIVAL TIMES (estimated)	DEPARTURE TIMES (estimated)
Homemaker Centre Penrith (Includes: Chemist Warehouse, Spotlight, Bunnings)	Monday	9.15 am or 10.45am	12.15 pm or 1.45 pm

Please note:

Some flexibility with times may be required for all shopping services.
All shopping services are still being reviewed and will be available as soon as possible.
Please watch this space.