

Formerly Known
as Easy-Go Connect
& Great Community Transport

☎ 4722 3083

✉ activecarenetwork.org.au

f [activecarenetwork](https://www.facebook.com/activecarenetwork)

📷 [activecarenetwork](https://www.instagram.com/activecarenetwork)

TRANSPORT, HOME SUPPORT & COMMUNITY CONNECTION

Consistent with NSW Health advice, Active Care Network is doing everything to ensure that all of our staff and clients remain COVID safe. All necessary precautions will be adhered to as updates become available to make sure you have a safe trip and enjoy your day out. This may also result in outings being cancelled, postponed or modified to suit the current climate. Active Care Network will advise you if your booking is affected and your outing confirmation notification will be updated accordingly. Please take time to listen to these messages for relevant updates. We appreciate your understanding and support during these uncertain times and are endeavouring to continue our outings as safely as possible.

Numbers on buses:

- > **Social Distancing Requirements mean larger buses are limited to carrying fewer people to keep you safe**

Areas and days of travel:

- > **You will note that Penrith and Blue Mountains have been divided into areas, Blacktown areas remains the same**

So what does this mean?

- > Day trips may be shorter or we will not be going as far
- > You can Bring Your Own Lunch
- > Lunch can be purchased from a takeaway or café and eaten in a park
- > If clubs and other eateries are open then this provides us another choice
- > Closer to the date lunch venues may be booked
- > Some flexibility is required to have a great day out

If you have any questions or concerns please don't hesitate to contact us. We would like to welcome you back and joining your friends to getting out and about and being socially active again. Please give us a call on **4722 3083** option 2 to speak to the social outing bookings team.

WHICH AREA ARE YOU IN?

Check which area you're in to match it with the colour coded bar  appearing along-side the date in each social outing.

As your health and safety is our main concern Active Care Network has made some changes to the way we host social outings. We need to reduce the number of clients on each bus and ensure everyone has opportunity to access our outings. We have separated suburbs into: East and West for Penrith, Upper and Lower for Blue Mountains. Now you have 2 days to choose from! Just check below which suburb you reside in and pick one of the corresponding days on the social outings calendar.

UPPER

Bell	Leura
Blackheath	Medlow Bath
Bullaburra	Megalong Valley
Hazelbrook	Mt Irvine
Katoomba	Mt Tomah
Lawson	Mt Victoria
	Mt Wilson
	Wentworth Falls
	Woodford

LOWER

Blaxland	Springwood
Faulconbridge	Sun Valley
Glenbrook	Valley Heights
Hawkesbury Heights	Warrimoo
Lapstone	Winmalee
Linden	Yellow Rock
Mount Riverview	



Payment & Booking

- > Call us on **4722 3083** to book your trips.
- > You can pay on the day, except where a pre payment is asked for in the ad. Please have exact change if possible.
- > You can pay for your outing via online payment. Go to our website activecarenetwork.org.au and select online payment. Select pay with a card.
- > Call our finance team on **4722 3083** to pay using your credit or debit card.
- > You can pay by cheque, mail it to Active Care Network, PO Box 124, Lawson 2783
- > To pay by EFT or at the bank (quote your name and the trip date as reference) Commonwealth Bank **BSB 062 589 Account 111 101 96**

Important social outing information

- > Be prepared and ready however please wait inside in case we need to call you.
- > Please listen to instructions from drivers and carers regarding the order of the day, return times and meeting places.
- > Make sure you have everything you need for the day, medication, glasses, mobility aids, water, appropriate clothing and comfortable shoes.
- > Remember to pack adequate supplies and medication in case of delays.
- > If you can, try to have exact money or as close to as possible.
- > Remember to bring your sense of adventure.
- > Ensure you bring your seniors or concession card. All clubs need this for you to enter their premises or for discount.
- > You will receive an automated message the day before your outing to advise you of your pick up time.
- > Bookings are accepted on a "first come, first served" basis. Once places are filled, a waiting list is maintained. If you need to cancel, please do so as soon as possible. We can then offer your place to someone on the waiting list.
- > Active Care Network is unable to provide a carer for those who need individual support.
- > Subsidised costs published for all social outings are applicable to eligible clients and their carers.



Card Making with Jenny

EVERY FRIDAY ALL AREAS 10am-2pm | ① ② ③ ④

Join us for fun and laughs and make new friends while creating something unique. Jenny our host will teach you how to make unique cards to give someone for that special occasion. Come along once to try it out or become a regular every week for as often as you like. Classes are suitable for beginners or the advanced creatives. Extra care is taken with social distancing and sanitizing for your safety.

JUL

16TH 23RD 30TH

AUG

6TH 13TH 20TH 27TH

SEP

3RD 10TH 17TH

Classes \$15
Morning tea included
Bus - \$10
Location - St Marys
Everyone to bring their own lunch.
Tea & coffee provided.

The Australiana Pioneer Village

ALL MOUNTAINS WED 14TH JULY

Sited in the little township of Wilberforce, join us for a trip back in time where they are 'Proud to Preserve the Past' and share with you in a tour & talk today. You can bring your lunch today or pre-order by 30th Aug. **Note:** Tea & coffee is only included with the pre-ordered lunch but can be purchased in addition if you bring your own lunch.

Lunch must be pre-ordered:

(All meals come with cake & ice-cream, tea & coffee).

- Chicken Schnitzel Chips & Salad
- Beer Battered Fish Chips & Salad
- Fish Cocktails, Garlic Prawns Chips & Salad

Bus - \$25
Entry Fee \$6
(includes Talk & Tour)
Lunch \$15
(Set Menu choice of 3)
Pay to the driver on the day

Fairfield Markets

ALL MOUNTAINS SAT 24TH JULY

Fairfield Showground is renowned as the venue of the Fairfield Markets which have been attracting many shoppers each weekend since the Seventies. When it's time for a relaxing break there are plenty of places to pick up something to eat or drink and find somewhere to sit and enjoy.

Bus - \$25
Entry is Free

Brislington Medical & Nursing Museum

LOWER MON 26TH JULY | **UPPER TUE 27TH JULY**

It is the oldest existing dwelling house in the inner City of Parramatta and since 1983 has been a Medical and Nursing Museum for the former Parramatta Hospital. Brislington pays tribute to a by-gone era and shows a "then" and "now" picture of Medical Science and Hospital Care in Parramatta. Talk and tour \$3.00 payable on the day. Walkers allowed today but some mobility is required to access the 2nd floor. Information provided for those limited to the ground floor. Lunch at Club Parramatta \$15 lunch specials or bring your own to have in the park.

Bus - \$25
Entry is \$3
Payable on the day

Justice & Police Museum (Circular Quay)

LOWER MON 9TH AUG | **UPPER TUE 10TH AUG**

Step into the dark side of Sydney's past with a visit to the Water Police station and courts that once made up one of the city's busiest legal hubs. With its 1890s holding cells, offices, charge room and courts, the museum draws you into a world of crime, punishment and policing, from bushrangers, sly grog and razor gangs to forensics. A vast archive of crime scene photography and mug shots reveal more than a century of underworld Sydney. Lunch will be close by on the harbour today where you can choose where to dine or bring your own. Note: This is a pre-paid booking that can only be refunded if your spot can be filled should you need to cancel.

Bus - \$25
Entry Fee \$16
(includes Talk & Tour)
Pay by Mon 26th July

Glenbrook Rotary Markets

ALL MOUNTAINS SAT 21ST AUG

Glenbrook Rotary Markets is held on the first and third Saturday of each month. The market features handicraft, plants, fruit and veg, delicious homemade food, clothing, soaps and personal items along with unusual handmade treasures, food outlets and coffee with live entertainment.

Bus - \$25
Entry is Free

The Mint & Reserve Bank Museum

LOWER MON 23RD AUG | **UPPER TUE 24TH AUG**

Today we visit The Mint, a stunning heritage building where the old and the new come together gracefully. Financed with 45,000 gallons of rum The Mint as we know it originally served as the 'Rum Hospital' and provided 200 beds for convict patients from 1816 - 1854. This is a small part of the history here with so much more to learn about. For those that are able and interested just across the road we can also visit the Reserve Bank Museum. Both of these Museums have free entry.

Bus - \$25
Entry is Free



FLORIADE 2021 (Expression of Interest)

THREE DAYS/TWO NIGHTS - DEPART TUESDAY 21ST SEPTEMBER

We are seeking expressions of interest from clients who might like to join us on a three day (two night) trip to Canberra for Floriade later this year.

Departing on Tuesday 21st Sept, we will visit Corbett Gardens in Bowral on the way to Canberra and attend the Last Post Ceremony at the War Memorial before checking into our hotel.

Day Two sees us visiting Floriade, Australia's biggest celebration of spring with a spectacular display of over a million blooms. We'll drive around Yarralumla for a peek at the Embassies and visit the National Arboretum, where the National Bonsai Collection is housed.

Our final day starts with a visit to the top of Telstra Tower before driving north to Tulip Top Gardens for a couple of hours and then heading home.

The cost will be \$575 for twin share/double (\$185 single supplement) and that price includes transport to and from home, coach, accommodation, entry fees and some meals.

To lodge an expression of interest, call 4722 3083 and ask for Nigel.

Cobbitty Markets

ALL MOUNTAINS SAT 4TH SEP

Experience a true country market day with 150 stalls selling an exciting and wide range of craft, hand made goods, gifts and wares. The market is in the grounds of Cobbitty Public School with lovely shade trees, some covered walkways and the delightful country atmosphere of Cobbitty town. **Please Note: The school grounds are somewhat uneven in places so care needs to be taken while here.**

Bus - \$25

Entry is Free

Nepean Belle – Lunch & Cruise

LOWER MON 6TH SEP | UPPER TUE 7TH SEP

Immerse yourself in Mother Nature and enjoy smooth water cruising, great food and spectacular views on this romantic old world style paddle wheeler where it has spent over 40yrs cruising along the Nepean George.

- \$53 includes 2.5hr River Cruise
- Informative River & Historical Commentary
- 2-Course Lunch
- Tea & Coffee
- Stunning Scenery

If you have any special dietary requirements (Vegetarian or Gluten Free) please let us know when you place your booking. The bathroom is located upstairs on the boat. If you are unable to climb these, you are then limited to the bathrooms onshore before and after the cruise.

Please Note: Payment is required by Mon 23rd Aug. Sorry we are unable to refund should you need to cancel unless we can fill your spot. This is a requirement of the Nepean Belle.

Bus - \$25
 Cruise \$53
 (See inclusions left)
 Pay by Mon 23rd Aug

Community Conversations

ALL MOUNTAINS MON 13TH & WED 15TH SEP

Active Care Network has a goal to speak with every one of our clients in the next year. In having a conversation with us you will have an opportunity to talk about the community you want to be a part of and, importantly, you will also have a longer term influence on how we better deliver our service and programs.

Our preference is to have a friendly, in-person conversation with you and so we have organised free events that you can participate in. The transport will be free and there will be some lunch specials available at the venues so you can grab a bite before or after the event. Please join us and have your say.

Bus is Free

Auburn Gardens

LOWER MON 20TH SEP | UPPER TUE 21ST SEP

Spring is here and we are back to visit an oasis of serenity in Western Sydney. Let's take some time to explore the gardens and landscaped surrounds. Take it easy, find a spot to sit and relax but don't forget to pay a visit to our cute and cuddly friends in the native fauna enclosure. Lunch will be somewhere close today

Bus - \$25
 Entry is Free

SCHEDULE OF SUBSIDISED FEES – CHSP, CTP

SERVICES OPERATING FROM BLUE MOUNTAINS LOCAL GOVERNMENT AREA

EFFECTIVE 01/09/2020

INDIVIDUAL TRANSPORT (from one address to one destination) – Covering all suburbs within LGA

BLUE MOUNTAINS LOCAL GOVERNMENT AREA ONE WAY OR RETURN

Single client	\$15.00
Couple*	\$20.00

INDIVIDUAL TRANSPORT – In Service Area

PENRITH ONE WAY OR RETURN

Single client	\$20.00
Couple*	\$25.00

BLACKTOWN ONE WAY OR RETURN

Single client	\$25.00
Couple*	\$30.00

OUT OF AREA TRANSPORT – Limited services available – Last pickup 3.00pm sharp!

ONE WAY OR RETURN

	Single client	Couple*
RICHMOND, WINDSOR	\$30.00	\$35.00
LIVERPOOL	\$45.00	\$50.00
BELLA VISTA, FAIRFIELD, LITHGOW	\$60.00	\$65.00
MERRYLANDS, PARRAMATTA, WESTMEAD	\$60.00	\$65.00

GREATER SYDNEY AREA TRANSPORT – Limited by volunteer availability – Last pickup 3.00pm sharp!

CONCORD, RYDE, HORNSBY ONE WAY OR RETURN

Single client	\$90.00
Couple*	\$95.00

SYDNEY ONE WAY OR RETURN

Single client	\$120.00
Couple*	\$125.00

NORTHERN SYDNEY ONE WAY OR RETURN

Single client	\$150.00
Couple*	\$155.00

INDIVIDUAL TRANSPORT – Health Related Transport (Penrith/Blue Mountains Hospitals)

ONE WAY OR RETURN

TRANSPORT TO DIALYSIS/CHEMO ONLY	\$5.00
---	--------

GROUP TRANSPORT

SHOPPING BUS FROM MULTIPLE ADDRESSES TO ONE DESTINATION	\$10.00 per person
SOCIAL OUTINGS FROM MULTIPLE ADDRESSES TO ONE DESTINATION	\$25.00 per person
BLUE MOUNTAIN FOOD SERVICES – COMMUNITY MEALS	\$ 6.00 per person

* Couple rates are applicable when only one person is attending an appointment.

Please Note: Prices are subject to change without notice

SHOPPING SERVICES

Weekly shopping services run to the following centres. Please use the estimated arrival and departure times when booking. Subsidised fares for all shopping buses are **\$10.00 per person**. Limit of 4 environmental shopping bags per person.

WEEK A

CENTRE	DAY	ARRIVAL TIMES (estimated)	DEPARTURE TIMES (estimated)
Leura Mall	Monday	10.45 am	12.45 pm
Penrith Plaza	Wednesday	10.30 am	12.30 pm
Lithgow Coles (upper Mountains area only)	Thursday	10.45 am	12.45 pm
Katoomba (upper Mountains area only)	Friday	10.45 am	12.45 pm

WEEK B

CENTRE	DAY	ARRIVAL TIMES (estimated)	DEPARTURE TIMES (estimated)
Spingwood IGA	Thursday	10.45 am	12.45 pm
Winmalee Coles	Thursday	10.30 am	12.30 pm

First Working MONDAY of the Month

CENTRE	DAY	ARRIVAL TIMES (estimated)	DEPARTURE TIMES (estimated)
Homemaker Centre Penrith (Includes: Chemist Warehouse, Spotlight, Bunnings)	Monday	9.15 am or 10.45am	12.15 pm or 1.45 pm

Please note:

Some flexibility with times may be required for all shopping services.
All shopping services are still being reviewed and will be available as soon as possible.
Please watch this space.