



JULY/AUGUST/SEPTEMBER 2021

Outings Calendar

Blacktown

Formerly Known
as Easy-Go Connect
& Great Community Transport

- ☎ 4722 3083
- ✉ activecarenetwork.org.au
- f [activecarenetwork](https://www.facebook.com/activecarenetwork)
- @ [activecarenetwork](https://www.instagram.com/activecarenetwork)



TRANSPORT, HOME SUPPORT & COMMUNITY CONNECTION

Consistent with NSW Health advice, Active Care Network is doing everything to ensure that all of our staff and clients remain COVID safe. All necessary precautions will be adhered to as updates become available to make sure you have a safe trip and enjoy your day out. This may also result in outings being cancelled, postponed or modified to suit the current climate. Active Care Network will advise you if your booking is affected and your outing confirmation notification will be updated accordingly. Please take time to listen to these messages for relevant updates. We appreciate your understanding and support during these uncertain times and are endeavouring to continue our outings as safely as possible.

Numbers on buses:

- > **Social Distancing Requirements mean larger buses are limited to carrying fewer people to keep you safe**

Areas and days of travel:

- > **You will note that Penrith and Blue Mountains have been divided into areas, Blacktown areas remains the same**

So what does this mean?

- > Day trips may be shorter or we will not be going as far
- > You can Bring Your Own Lunch
- > Lunch can be purchased from a takeaway or café and eaten in a park
- > If clubs and other eateries are open then this provides us another choice
- > Closer to the date lunch venues may be booked
- > Some flexibility is required to have a great day out

If you have any questions or concerns please don't hesitate to contact us. We would like to welcome you back and joining your friends to getting out and about and being socially active again. Please give us a call on **4722 3083** option 2 to speak to the social outing bookings team.

WHICH AREA ARE YOU IN?

Active Care Network offer social outings to a range of venues and activities. To ensure all clients have equal access to these popular outings, we have allocated areas, each with a designated day for outings. Check which area you're in to match it with the colour coded circles appearing along side the date in each social outing.

AREA 1

Blacktown
(all streets east of Sunnyholt and Blacktown Rds)
Glenwood
Kings Langley
Lalor Park
Prospect
Seven Hills
Toongabbie (part)

AREA 2

Bidwill
Blackett
Dharruk
Emerton
Glendenning
Hassall Grove
Hebersham
Lethbridge Park
Minchinbury
Mt Druitt
Oakhurst
Plumpton
Rooty Hill
Ropes Crossing
Shalvey
Shanes Parks
Tregear
Whalan
Willmot

AREA 3

Blacktown
(all streets west of Sunnyholt and Blacktown Rds)
Bungarribee
Doonside
Eastern Creek
Huntingwood
Kings Park
Marayong
Woodcroft

AREA 4

Acacia Gardens
Colebee
Dean Park
Kellyville Ridge
Marsden Park
Parklea
Quakers Hill
Riverstone
Rouse Hill
Schofields
Stanhope Gardens
The Ponds
Vineyard (part)

Important social outing information

- > Our social outings are popular so book early to avoid disappointment.
 - > Bookings are accepted on a "first come, first served" basis. Once places are filled, a waiting list is maintained.
 - > Before booking, check your diary to avoid clashes with other appointments.
 - > Outings are for clients who can self manage. Active Care Network is unable to provide a Client Support Worker for those who need individual transport.
 - > Subsidised costs published for all social outings are applicable to eligible clients and their carers.
 - > If you need to cancel, please do so as soon as possible. We will then offer your place to someone on the waiting list.
- > Be prepared and ready however please wait inside in case we need to call you.
 - > Please listen to instructions from drivers and Client Support Workers regarding the order of the day, return times and meeting places.
 - > Make sure you have everything you need for the day, medication, glasses, mobility aids, water, appropriate clothing and comfortable shoes.
 - > Important note for Diabetics and people with special dietary requirements, remember to pack adequate supplies and medication in case of delays.
 - > If you can, try to have exact money or as close to as possible. Pay by credit card where you can.
 - > Remember to bring your sense of adventure.
 - > Ensure you bring identification. All clubs need this for you to enter their premises.
 - > If you have a seniors or concession card ensure you have it with you as you will need to show it to receive any discount.
 - > You will receive an automated message the day before your outing to advise you of your pick up time.



FLORIADE 2021 (Expression of Interest)

THREE DAYS/TWO NIGHTS - DEPART TUESDAY 21ST SEPTEMBER

We are seeking expressions of interest from clients who might like to join us on a three day (two night) trip to Canberra for Floriade later this year.

Departing on Tuesday 21ST September, we will visit Corbett Gardens in Bowral on the way to Canberra and attend the Last Post Ceremony at the War Memorial before checking into our hotel.

Day Two sees us visiting Floriade, Australia's biggest celebration of spring with a spectacular display of over a million blooms. We'll drive around Yarralumla for a peek at the Embassies and visit the National Arboretum, where the National Bonsai Collection is housed.

Our final day starts with a visit to the top of Telstra Tower before driving north to Tulip Top Gardens for a couple of hours and then heading home.

The cost will be \$575 for twin share/double (\$185 single supplement) and that price includes transport to and from home, coach, accommodation, entry fees and some meals.

To lodge an expression of interest, call 4722 3083 and ask for Nigel.

Lindt Chocolate Factory Outlet and The Ettamogah

②③ TUE 6TH | ①④ WED 7TH

Why not treat yourselves or a gift for someone special with some wonderful, yummy chocolate? With so many choices you might walk out with more than you bargained for. We may be able to find a fruit & veg store to call into also, a bit more on the healthier side. Another old favourite for lunch today when we stop at the Ettamogah for lunch.

Bus - \$15

Vaucluse House

②③ WED 14TH | ①④ THU 15TH

Vaucluse House is one of Sydney's few 19th-century mansions still surrounded by its original gardens and wooded grounds. In 2015, Vaucluse House celebrated 100 years of being a museum. The ground floor of Vaucluse House is accessible for all but stairs must be climbed to access the rest of the house. Entry \$11. Must be paid by card only - no cash due to COVID. Lunch shall be waterside at Watsons Bay where you can bring your own or spoil yourself at the local café or takeaway.

Bus - \$15
Entry Fee \$11
Pay by card
to the venue

Brislington Medical & Nursing Museum

②③ MON 19TH | ①④ TUE 20TH

Brislington - a gracious Georgian building stands on the corner of George and Marsden Streets in Parramatta. It is the oldest existing dwelling house in the inner City of Parramatta and since 1983 has been a Medical and Nursing Museum for the former Parramatta Hospital. Brislington pays tribute to a by-gone era and shows a "then" and "now" picture of Medical Science and Hospital Care in Parramatta. Talk and tour \$3.00 payable on the day. Walkers allowed today but some mobility is required to access the 2nd floor. Information provided for those limited to the ground floor. Lunch at Club Parramatta \$15 lunch specials or bring your own and have in the park.

Bus - \$15
Entry Fee \$3
Pay to the driver
on the day

Please Note: We are limited to 15 people per day into the Museum and are running this trip again in Sept for those that miss out.

Community Conversations

①②③④ THU 22ND & FRI 23RD

Active Care Network has a goal to speak with every one of our clients in the next year. In having a conversation with us you will have an opportunity to talk about the community you want to be a part of and, importantly, you will also have a longer term influence on how we better deliver our service and programs. Our preference is to have a friendly, in-person conversation with you and so we have organised free events that you can participate in. The transport will be free and there will be some lunch specials available at the venues so you can grab a bite before or after the event. Please join us and have your say.

Bus - FREE

Fairfield Markets

① ② ③ ④ SAT 24TH

Saturday trips out have started up again and this particular day sees us visiting Fairfield Markets. Fairfield Showground is renowned as the venue of the Fairfield Markets which have been attracting many shoppers each weekend since the Seventies. With everything from clothes and sporting gear to jewellery, household items, grocery items to fresh fruit and veges. When it's time for a relaxing break there are plenty of places to pick up something to eat or drink and find somewhere to sit and enjoy.

Bus - \$25

The Mint & Reserve Bank Museum

② ③ MON 26TH | ① ④ WED 28TH

Today we visit The Mint, a stunning heritage building where the old and the new come together gracefully. This is a small part of the history here with so much more to learn about. For those that are able and interested just across the road we can also visit the Reserve Bank Museum. Both of these Museums have free entry.

Bus - \$15
Entry FREE

Dinner with Blacktown Youth Services Association

① ② ③ ④ MON 26TH 6PM to 8PM

Take an opportunity to have a casual dinner with the young people of BYSA and experience some cultural cooking. Active Care Network is sponsoring this event so dinner will be on us and it will be a great opportunity to hear the stories of Blacktown's young people and explore their aspirations. This event is limited to 12 people however if popular will become a regular monthly event.

Bus - \$15
Entry FREE

Justice & Police Museum (Circular Quay)

② ③ TUE 3RD | ① ④ WED 4TH

Step into the dark side of Sydney's past with a visit to the Water Police station and courts that once made up one of the city's busiest legal hubs. With its 1890s holding cells, offices, charge room and courts, the museum draws you into a world of crime, punishment and policing, from bushrangers, sly grog and razor gangs to forensics. Lunch will be close by on the harbour today where you can choose where to dine or bring your own. **Please Note: This is a pre-paid booking that can only be refunded if your spot can be filled should you need to cancel.**

Bus - \$15
Entry Fee \$16
(includes Talk & Tour)
Pay by Mon 19th July

Fagan Park & Netherby Homestead

① ④ MON 9TH | ② ③ TUE 10TH

Fagan Park covers an area of approximately 55 hectares and is located on Arcadia Road Galston. The site was donated by the Fagan family to the Crown, with Hornsby Shire Council appointed as sole trustee for the park. It is home to many themed international gardens, picnic shelters and Netherby Homestead Museum making for a lovely place to visit. Lunch will be nearby with a visit to a garden nursery possible today. Walking involved today to see all the gardens.

Bus - \$15

Hawkesbury Lookout & Lennox Bridge

② ③ MON 16TH | ① ④ WED 18TH

Join us as we head out today on a lovely scenic drive past Yarramundi with a stop at the Hawkesbury Lookout for expansive views overlooking the Nepean River and the Penrith Lakes project. We continue on and stop in at Panthers Glenbrook for lunch with lunch specials and seniors menu to choose from. We leave here to drive past a little lagoon in Glenbrook then stop at the Historic Lennox Bridge.

Bus - \$15

Glenbrook Rotary Markets

① ② ③ ④ SAT 21ST

Glenbrook Rotary Markets is held on the first and third Saturday of each month. The market features handicraft, plants, fruit and veg, delicious homemade food, clothing, soaps and personal items along with unusual handmade treasures, food outlets and coffee with live entertainment.

Bus - \$25

Brislington Medical & Nursing Museum

① ④ TUE 24TH | ② ③ WED 25TH

Brislington – a gracious Georgian building stands on the corner of George and Marsden Streets in Parramatta. It is the oldest existing dwelling house in the inner City of Parramatta and since 1983 has been a Medical and Nursing Museum for the former Parramatta Hospital. Talk and tour \$3.00 payable on the day. Walkers allowed today but some mobility is required to access the 2nd floor. Information provided for those limited to the ground floor. Lunch at Club Parramatta \$15 lunch specials or bring your own and eat in the park. **Please Note:** We are limited to 15 people per day into the Museum and this is the 2nd trip for those that missed out.

Bus - \$15

Entry Fee \$3
(includes Talk
and Tour)

Pay on the day

Blue Mountains – Leura

① ④ MON 30TH | ② ③ TUE 31ST

Spring is almost here but come prepared as it is still very cool in the mountains. There are many warm cafes and specialty shops to investigate in Leura or take a wander into the teapot museum (Bygone Beautys) Museum Admission is \$5.50 and can be redeemed with an equivalent purchase in the tearooms or retail area. Lunch should be at Katoomba RSL.

Bus - \$15

Entry \$5.50
to museum

Cobbitty Markets

① ② ③ ④ SAT 4TH SEP

Experience a true country market day with 150 stalls selling an exciting and wide range of craft, hand made goods, gifts and wares. These include ceramics, woodwork, paintings and frames, clothes and jewellery, gourmet foods, plants and local produce. The market is in the grounds of Cobbitty Public School with lovely shade trees, some covered walkways and the delightful country atmosphere of Cobbitty town. **Note: The school grounds are somewhat uneven in places so care needs to be taken while here.**

Bus - \$25

Entry FREE

The Australian Pioneer Village

① ② ③ ④ WED 8TH

Sited in the little township of Wilberforce, first settled in 1794 is not a reproduction of early buildings, but a street full of authentic dwellings, shops and other buildings that have been moved here from their original sites around the historic Hawkesbury district. Join us for a trip back in time where they are 'Proud to Preserve the Past' and share with you in a tour & talk today. You can bring your lunch today or pre-order by 30th Aug. **Note: Tea & coffee is only included with the pre-ordered lunch but can be purchased in addition if you bring your own lunch.**

Bus - \$15

Entry Fee \$6
(includes Talk & Tour)

Lunch \$15
(Set Menu choice of 3)

Pay to the driver
on the day

Lunch must be pre-ordered: (All meals come with cake & ice-cream, tea & coffee).

- Chicken Schnitzel Chips & Salad
- Beer Battered Fish Chips & Salad
- Fish Cocktails, Garlic Prawns Chips & Salad

Riverboat Postman – Lunch & Cruise

② ③ MON 13TH | ① ④ WED 15TH

All aboard!! The Riverboat Postman for a light-hearted look at the magnificent Hawkesbury River and its more isolated residents as the boat delivers on behalf of Australia Post the mail and other daily essentials during this three and a bit hour cruise. Enjoy entertaining and informative commentary while covering about 40kms of the lower Hawkesbury River.

Bus - \$15

Cruise & Lunch \$49
(includes Talk & Tour)

Pay by Mon 30th Aug

Pick up from 7am

- **Morning Tea** (served on departure)
- **A delicious Ploughman's style lunch** (ham, salad, various chutneys and condiments and a freshly baked Turkish bread roll)

If you have any special dietary requirements (Vegetarian or Gluten Free) please let us know when you place your booking. **Please Note: Today is a very early start to make it to the boat on time.**

Auburn Gardens

① ④ MON 20TH | ② ③ TUE 21ST

Spring is here and we are back to visit an oasis of serenity in Western Sydney. Let's take some time to explore the gardens and landscaped surrounds. Take it easy, find a spot to sit and relax but don't forget to pay a visit to our cute and cuddly friends in the native fauna enclosure. Lunch will be somewhere close today

Bus - \$15

Edogawa Commemorative Garden & Gosford Regional Gallery (Gosford)

① ④ TUE 28TH | ② ③ WED 29TH

The garden is based on a traditional 'shuyu' (strolling style) garden, incorporating Japanese features. With meandering pathways, a roofed Japanese pavilion overlooking the Koi pond(bags of fish food are available from the gallery shop), Japanese teahouse, the garden offers a tranquil setting in which to relax and enjoy art and nature. Entry to the garden and gallery is free with donations welcome. Lunch will be local or you may bring your own. There is also a café located at the garden.

Bus - \$15

BLACKTOWN OFFICE REGULAR SERVICES - PHONE 4722 3083 TO BOOK (1 WEEKS NOTICE PREFERRED)

We can take you anywhere within the Blacktown Local Government Area and even a bit beyond. Our customers use us for a variety of reasons; to attend group activities, medical, hospital, personal business or hairdresser appointments, to visit family or friends, or to simply pop to the local shopping centre, café or club! **Please note our fees are now the same for one way or return trip.**

BLACKTOWN LOCAL GOVERNMENT AREA

Hours of operation: 7.00am to 4.30pm
Covering all suburbs within our Council area.

ONE WAY OR RETURN

Single Client	\$15.00
Couple	\$20.00

BLACKTOWN HOSPITAL SHUTTLE BUS

Blacktown Hospital and surrounding clinics/Doctor's

Single Client	\$12.00
Couple	\$17.00

OUT OF AREA TRANSPORT 9.00AM TO 3.00PM

*St Marys, Kingswood, Penrith

ONE WAY OR RETURN

Single Client	\$20.00
Couple	\$25.00

*Parramatta, Fairfield, Merrylands,
Baulkham Hills, Castle Hill, Windsor, Richmond,
Bella Vista, Pendle Hill Winston Hills

Single Client	\$30.00
Couple	\$35.00

SHOPPING

Weekly shopping services run to the following centres. Please use the estimated arrival and departure times when booking. Subsidised fares for all shopping buses are \$12.00 per person. Limit of 2 environmental shopping bags per person. No trolleys permitted.

CENTRE	DAY	ARRIVAL TIMES (estimated)	DEPARTURE TIMES (estimated)
Seven Hills Plaza	Thursday & Friday	9.15 am or 10.45am	12.15 pm or 1.45 pm
Westpoint Blacktown	Thursday	10.00 am	11.15 am or 2.00 pm
Rainbow IGA Doonside	Thursday	9.45 am	11.00 am
Mt Druitt Westfield	Friday	10.00 am	11.30 am or 2.00 pm
Plumpton Marketplace	Friday	9.30 am	11.00 am

Hills medical shuttle & Westmead hospital shuttle

Times for arrival and departure at Westmead Hospital & surrounding clinics/Doctors or The Hills Private/ Norwest Hospitals and surrounding clinics/Doctors are:

Monday - Friday

9.00am, 11.00am, 1.00pm & 3.00pm

The final shuttle will depart The Hills area & Westmead Hospital at 3.00pm. **If you are not at the departure point by this time, you will need to make your own way home.**

Subsidised Fees:

Single client: \$15.00 one way or return
Couple: \$20.00 one way or return

Please tell your doctor you are traveling with Community Transport so they can help us ensure you meet the timetable.

Out of hours or weekend Taxi Services

Do you wish to travel outside our operating hours?

- 1 We offer subsidised taxi travel within your local area (valued @ \$10.00 per journey)
- 2 Simply call us to provide details of your upcoming trip e.g. date, destination and how many people will travel with you. Minimum of 1 weeks' notice is required.
- 3 We will contact Premier Taxis to advise of your pending out of hours booking
- 4 On the **day of travel** you must contact Premier Taxi's on **8868 4114** to confirm your pick up times and location
- 5 Each journey is subsidised by \$10.00 and you pay remainder of fare to taxi driver on the day