

September 2022

North Head – Sydney Harbour

UPPER LOWER Fri 9th Sep

North Head was once Sydney's most heavily fortified military site and played a significant role in the national chain of coastal defence. A scenic drive, dazzling views of the harbour and city with plenty of gentle bush walks. You might even encounter an endangered bandicoot. Lunch will be at a local club.

Bus \$20

The Hawkesbury Harvest Farmers & Fine Food Markets

UPPER LOWER Sat 10th Sep

Highlighting sustainable, local agriculture and showcasing Hawkesbury small businesses; an abundance of seasonal, fresh produce to tempt the taste buds of most hunters and gatherers awaits you.

Bus \$30

Historic Hartley Village – Hartley

UPPER LOWER Tue 20th Sep

We head up the mountains to the former judicial and administrative centre for inland New South Wales. Take a fascinating interactive tour of the old Courthouse and see what prison life was like during the early settlement in Australia. Lunch will be at a local club.

Self-Guided Tour \$8.80 – payable on the day.

Bus \$20

Morning Melodies, The Joan – Penrith

UPPER LOWER Wed 28th Sep

The Royal Australian Navy Band, Concert Spectacular. Be prepared for a big, celebratory, ceremonial sound with plenty of familiar favourites.

Show \$22 – payable two weeks prior to the event.

Bus \$20

We also run a fortnightly shopping bus to a number of shopping centres and limited out-of-area transport for our clients. If you need a copy of the timetable, please phone the office **4722 3083** for a copy or go to our website activecarenetwork.org.au

Important Information

You will get an automated message the day before your outing to advise you of your pick-up time. Be prepared and ready on the day, however, wait inside in case we need to call you. Make sure you have adequate supplies of everything you need – including medications, mobility aids, water, seniors or concession card and most of all your sense of adventure! We ask you to keep wearing your mask.

Our outings are for clients who can self- manage. We are unable to provide client support volunteers for those who need individual support.



July/August/September 2022

OUTINGS CALENDAR

4722 3083

Blue Mountains

Floriade 2022

In September we will be running overnight trips to Canberra to visit Floriade: Australia's biggest celebration of spring and premier floral event. Renowned for its vast plantings of glorious colour, the theme this year is *The sounds of spring*. Visitors will enjoy a vibrant display of over a million blooms set to a soundtrack of diverse, musical performances in a new and exciting program.

En-route, enjoy a taste of the Southern Highlands, Tulip Time Festival, as we visit the spectacular display of mass planted tulips at Corbett Gardens, Bowral.

While in Canberra, due to popular demand, we will also visit Cockington Green, the amazing miniature village modelled on its Devonshire namesake.

Trip highlights include:

- Corbett Gardens, Bowral
- Cockington Green
- Floriade Festival
- The National Arboretum and Bonsai Collection.

So, check your diaries, invite a few friends and join us for a magical spring event.

Depart: Monday 26th September Return: Tuesday 27th September

The price will be **\$450 per person** for twin share/double room. A single supplement is still being determined. Minimum numbers apply so we are taking provisional bookings. Once we meet the minimum numbers, we will **require a \$50 deposit** with the balance payable 21 days prior to departure to secure your spot. No refunds are available within 21 days of the trip.

Contact Nigel on **(02) 4722 3083** or **0452 128 391** for further information.

Booking & Payment

To book call 4722 3083. Bookings for social outings are accepted on a first come, first served basis and a waiting list is maintained. If you need to cancel, please do so to allow someone else to attend.

You can **pay over the phone; online** via our website; directly into our bank account: **CBA BSB 062 589 Account 111 101 96 Active Care Network** – use your surname and date of the trip for reference; or, cash or card on the vehicle. If paying cash please try to have the correct money on the day.

July 2022

August 2022

WHICH AREA ARE YOU IN?

Use the area where you live to see the date your social outing is on.

Upper

- Bell
- Blackheath
- Bullaburra
- Hazelbrook
- Katoomba
- Lawson
- Leura
- Medlow Bath

Lower

- Blaxland
- Faulconbridge
- Glenbrook
- Hawkesbury Heights
- Lapstone
- Linden
- Mount Riverview
- Springwood
- Sun Valley
- Valley Heights
- Warrimoo
- Winmalee
- Yellow Rock

Cobbitty Public School Markets

UPPER LOWER Sat 2nd July

Enjoy the delightful country atmosphere of Cobbitty town and the lovely shade trees, covered walkways and a true country market selling a range of craft, hand-made goods, gifts and wares.

Please Note: The school grounds are uneven.

Bus \$30

Christmas in July on the Nepean Belle

UPPER Mon 11th July LOWER Fri 15th July

Enjoy a Christmas luncheon aboard the iconic Nepean Belle, decked in her Christmas best. Enjoy the Nepean River scenery on our two-and-a-half-hour cruise.

Cruise \$59 - payable two weeks prior to departure date.

Bus \$20

Morning Melodies, The Joan – Penrith

UPPER LOWER Wed 27th July

Talk of the Town featuring Danny Elliot, FABBA, Belinda Marks and the Greg Hooper Trio. An eclectic feast of musical delights, music from ABBA and more.

Show \$22 – payable two weeks prior to the event.

Bus \$20



Australian Nuclear Science and Technology Organisation (ANSTO) – Lucas Heights

UPPER LOWER Wed 10th Aug

Learn about the role of ANSTO in scientific (specifically medical) research. This is a fascinating destination and incredibly informative. Lunch will be in the ANSTO restaurant/café.

Tour \$TBA – will be payable in advance.

Bus \$20

Richmond Good Food & Lions Club Markets

UPPER LOWER Sat 13th Aug

Two popular markets where Hawkesbury farmers and quality food producers showcase their wares and sell a wide variety of goods and produce. There is often 'live' music and the bacon and egg rolls are delicious.

Bus \$30

Morning Melodies, The Joan – Penrith

UPPER LOWER Wed 24th Aug

Leading Men and a Leading Lady featuring Darryl Lovegrove, Derek Metzger, Scott Irwin, Daniel Barnes, and the Greg Hooper Trio. The charm, charisma, soaring vocals, amazing harmonies, beautiful costumes and professionalism will take you beyond the musical theatre experience.

Show \$22 – payable two weeks prior to the event.

Bus \$20