

## Formerly Known as Easy-Go Connect & Great Community Transport

☎ 4722 3083

🌐 [activecarenetwork.org.au](http://activecarenetwork.org.au)



## TRANSPORT, HOME SUPPORT & COMMUNITY CONNECTION

Our Spring program takes on a new look as we adhere to current COVID-19 guidelines. Please be assured we will take all necessary precautions available to us so we may keep you safe to enjoy your day out.

Destinations have been chosen where flexibility is available and may be subject to change or improved where possible as we receive updated advice from the NSW Government.

### Numbers on buses:

- > Social Distancing Requirements mean larger buses are limited to carrying fewer people to keep you safe

### Areas and days of travel:

- > You will note that Penrith and Blue Mountains have been divided into areas, Blacktown areas remains the same

### So what does this mean?

- > Day trips may be shorter or we will not be going as far
- > You can Bring Your Own Lunch
- > Lunch can be purchased from a takeaway or café and eaten in a park
- > If clubs and other eateries are open then this provides us another choice
- > Closer to the date lunch venues may be booked
- > Some flexibility is required to have a great day out

If you have any questions or concerns please don't hesitate to contact us. We would like to welcome you back and joining your friends to getting Out and About and being Socially Active again. Please give us a call on **4722 3083** option 3 to speak to the social outing bookings team.

# WHICH AREA ARE YOU IN?

Active Care Network offer social outings to a range of venues and activities. To ensure all clients have equal access to these popular outings, we have allocated areas, each with a designated day for outings. Check which area you're in to match it with the colour coded circles appearing along-side the date in each social outing.

## AREA 1

Blacktown  
(all streets east of Sunnyholt and Blacktown Rds)  
Glenwood  
Kings Langley  
Lalor Park  
Prospect  
Seven Hills  
Toongabbie (part)

## AREA 2

Bidwill  
Blackett  
Dharruk  
Emerton  
Glendenning  
Hassall Grove  
Hebersham  
Lethbridge Park  
Minchinbury  
Mt Druitt  
Oakhurst  
Plumpton  
Rooty Hill  
Ropes Crossing  
Shalvey  
Shanes Parks  
Tregear  
Whalan  
Willmot

## AREA 3

Blacktown  
(all streets west of Sunnyholt and Blacktown Rds)  
Bungarabee  
Doonside  
Eastern Creek  
Huntingwood  
Kings Park  
Marayong  
Woodcroft

## AREA 4

Acacia Gardens  
Colebee  
Dean Park  
Kellyville Ridge  
Marsden Park  
Parklea  
Quakers Hill  
Riverstone  
Rouse Hill  
Schofields  
Stanhope Gardens  
The Ponds  
Vineyard (part)

## Important social outing information

- > Our social outings are popular so book early to avoid disappointment.
- > Bookings are accepted on a "first come, first served" basis. Once places are filled, a waiting list is maintained.
- > Before booking, check your diary to avoid clashes with other appointments.
- > Outings are for clients who can self manage. ACN is unable to provide a carer for those who need individual transport.
- > Subsidised costs published for all social outings are applicable to eligible clients and their carers.
- > If you need to cancel, please do so as soon as possible. We will then offer your place to someone on the waiting list.
- > Be prepared and ready however please wait inside in case we need to call you.
- > Please listen to instructions from drivers and carers regarding the order of the day, return times and meeting places.
- > Make sure you have everything you need for the day, medication, glasses, mobility aids, water, appropriate clothing and comfortable shoes.
- > Important note for Diabetics and people with special dietary requirements, remember to pack adequate supplies and medication in case of delays.
- > If you can, try to have exact money or as close to as possible.
- > Remember to bring your sense of adventure.
- > Ensure you bring identification. All clubs need this for you to enter their premises.
- > If you have a seniors or concession card ensure you have it with you as you will need to show it to receive any discount.
- > You will receive an automated message the day before your outing to advise you of your pick up time.

## Card Making with Jenny

EVERY FRIDAY ALL AREAS | ① ② ③ ④

Join us for fun and laughs and make new friends while creating something unique. Jenny our host will teach you to make 4 unique cards to give someone for that special occasion. Come along once or as many times as you like, classes are suitable for beginners or the advanced creatives. Extra care will be taken with social distancing and sanitizing for your safety. **Everyone to bring their own lunch, tea & coffee provided.**

Classes \$15.00  
Morning tea included  
Bus - \$10.00  
Location - St Marys

OCT

16TH 23RD 30TH

NOV

6TH 13TH 20TH 27TH

DEC

4TH 11TH

## Blue Mountains Botanic Garden - Mt Tomah

② ③ TUES 6TH | ① ④ WED 7TH

Today is a lovely drive up to the **Blue Mountains Botanic Garden** at **Mount Tomah** where the Waratah is hopefully in full bloom at this time. Entry to the Garden is free with one café currently open. Usually they have a shuttle bus touring for a cost of \$8.50 that you can book on arrival subject to operation. Of course on the way back an extra stop in at one of the many orchards or shops for a nice treat. Lunch can be decided with options available on the day or you can bring your own.

**Note: Regardless of the season or weather please bring a warm jacket on this day.**

Bus - \$15.00  
Pick up from 8am

## Cronulla Beach & RSL Club

① ④ TUES 13TH | ② ③ WED 14TH

Today we head out with our lunch destination being **Cronulla RSL** but beforehand we will be taking in the sights of the local beaches, homes and Sydney's most amazing coastline at **Cape Solander, Kurnell**.

Bus - \$15.00  
Pick up from 8am

## Western Sydney Airport Experience

② ③ MON 19TH | ① ④ TUES 20TH

See firsthand the construction and **progress of the new airport** with a drive around the perimeter of the site (guided tour not offered at the present time) and inside the experience centre to see how everything will come together for 2026. Lunch could be at **Kemps Creek Bowling Club** today.

Bus - \$15.00  
Pick up from 8am

## Auburn Botanic Gardens & Tennis Club

① ④ MON 26TH | ② ③ TUES 27TH

Let's take some time to explore **Auburn Botanic Gardens**. We can stroll through the landscaped surrounds and see a large variety of different gardens, lakes, pool of reflection and see the native fauna enclosure. Lunch afterwards will be at a venue close by.

Bus - \$15.00  
Pick up from 8am



NOVEMBER 2020

## Emu Hall - Nepean River Penrith

① ④ MON 2ND | ② ③ WED 4TH

Escape to one of **Western Sydney's most historic landmarks** which has recently undergone a spectacular makeover. The estate was originally established in 1825 and is positioned on the scenic riverbank overlooking (the new footbridge) the **Yandhai Nepean Crossing**. A great opportunity to walk across the bridge while here today. With time permitting we can head across to **Tench Reserve**. Lunch can be flexible today with many choices on offer to be decided on the day.

Bus - \$15.00  
Pick up from 8am

## Georges Heights - Middle Head - Chowder Bay

② ③ TUES 10TH | ① ④ WED 11TH

Formerly occupied by six defence bases, **Headland Park** features military remnants, distinctive harbour views, heritage buildings and is one of Sydney's most striking urban parklands. Take in a **panoramic view of Sydney Harbour** with uninterrupted views across to Sydney Heads, Vaucluse and to the Sydney CBD. Lunch today can be around the corner on the sands of **Balmoral Beach**.

Bus - \$15.00  
Pick up from 8am

## Camden

② ③ MON 16TH | ① ④ TUES 17TH

Today is a country drive around the areas of **Camden** after which we will stop in the **Main Street** and have an opportunity to visit the local specialty shops with lunch at any of the cafes and pubs on offer.

Bus - \$15.00  
Pick up from 8am

## Blue Mountains Heritage Centre - Blackheath

① ④ MON 23RD | ② ③ TUES 24TH

Enjoy a scenic drive up to the **Blue Mountains Heritage Centre** in Blackheath where they have a short film in their thetrette along with lots of history, artworks and small gifts, then down to **Govett's Leap Lookout** for stunning views across the valley. If you're up for it, a short walk along the **Fairfax Heritage Track (wheelchair friendly) to George Phillips Lookout**. Lunch at a venue of your choice in Blackheath and wander the local boutique shops all very close together. As an added bonus a stop at **Mountain High Pies** on the way home if we can.

Bus - \$15.00  
Pick up from 8am

## Client Xmas Party

ALL AREAS ① ② ③ ④ | WED 2ND

Our Annual Client Christmas Party 2020 hopes to be a huge combined event again this year, however owing to COVID-19 restrictions we are asking everyone to **PLEASE CALL US TO REGISTER YOUR INTEREST** in attending. Cost and venue details will be provided closer to the date. **RSVP ASAP** and let us know if you're interested to help us plan the best day possible.

Call us to register!  
RSVP ASAP

## Stanwell Tops & Sea Cliff Bridge

① ④ TUES 8TH | ② ③ WED 9TH

Some may be familiar with this well-known destination and it never seems to disappoint. First we call into **Stanwell Tops** where we get our first glimpse of the stunning coastline and Stanwell Park Beach below, hopefully you will see hang gliders in action today. We continue on past Coalcliff and across the **Sea Cliff Bridge** to stop for lunch at a beautiful beachside location.

Bus - \$15.00  
Pick up from 8am

## Victoria's Basement Castle Hill & Flower Power Glenhaven

② ③ MON 14TH | ① ④ WED 16TH

Victoria's Basement still owned & operated by 2 Australian brothers whose store originated in the basement of the **QVB in Sydney's CBD**. Today we visit the **Castle Hill branch** which offers World Famous Brands of Cookware, Kitchenware, Glassware, Cutlery, Dinnerware and much more at Famous Basement Prices. A visit to **Flower Power at Glenhaven** is also on the agenda today. Lunch will be local in Castle Hill.

Bus - \$15.00  
Pick up from 8am

## Dinner & Christmas Lights Tour

① ④ MON 21ST | ② ③ TUES 22ND

This will be an evening event starting pick-ups late afternoon where we will head out for dinner then a trip around the streets to view all the wonderful **Christmas light displays**. Make sure you're brushed up on your Christmas Carols and are full with Christmas Cheer!!

Destinations for this trip are yet to be confirmed at time of print.

Bus - \$20.00  
Pick up from 5pm

## Rivercat and Sydney Rowing Club

ALL AREAS ① ② ③ ④ | WED 30TH

Today we take a nice drive to the well-known **Sydney Rowing Club** with spectacular views of the **Parramatta River** and surrounding waterfront homes. After lunch for our trip home you have the option to take the Rivercat from Abbotsford Wharf (next door to the club) up the Parramatta River and hop off at Rydalmere Wharf where our buses will meet you for the rest of the trip home. Be sure to remember your Opal Card and may the sun be shining for you today.

Bus - \$15.00  
Pick up from 8am

## BLACKTOWN OFFICE REGULAR SERVICES – PHONE 4722 3083 TO BOOK (1 WEEKS NOTICE PREFERRED)

We can take you anywhere within the Blacktown Local Government Area and a even a bit beyond? Our customers use us for a variety of reasons to attend group activities, medical, hospital, personal business or hairdresser appointments, to visit family or friends, or to simply pop to the local shopping centre, café or club! Please note our fees are now the same for one way or return trip.

### BLACKTOWN LOCAL GOVERNMENT AREA

Hours of operation: 7.00am to 4.30pm  
Covering all suburbs within our Council area.

#### ONE WAY OR RETURN

Single Client	\$15.00
Couple	\$20.00

### BLACKTOWN HOSPITAL SHUTTLE BUS

Blacktown Hospital and surrounding clinics/Doctor's

Single Client	\$12.00
Couple	\$17.00

### OUT OF AREA TRANSPORT 9.00AM TO 3.00PM

\*St Marys, Kingswood, Penrith

#### ONE WAY OR RETURN

Single Client	\$20.00
Couple	\$25.00

\*Parramatta, Fairfield, Merrylands,  
Baulkham Hills, Castle Hill, Windsor, Richmond,  
Bella Vista, Pendle Hill Winston Hill

Single Client	\$30.00
Couple	\$35.00

## SHOPPING

Weekly shopping services run to the following centres. Please use the estimated arrival and departure times when booking. Subsidised fares for all shopping buses are \$12.00 per person. Limit of 2 environmental shopping bags per person. No trolleys permitted.

### CENTRE

### DAY

### ARRIVAL TIMES (estimated)

### DEPARTURE TIMES (estimated)

Seven Hills Plaza

Thursday & Friday

9:15 am or 10.45am

12.15 pm or 1.45 pm

Westpoint Blacktown

Thursday

10.00 am

11.15 am or 2.00 pm

Rainbow IGA Doonside

Thursday

9.45 am

11.00 am

Mt Druitt Westfield

Friday

10.00 am

11.30 am or 2.00 pm

Plumpton Marketplace

Friday

9.30 am

11.00 am

## Hills medical shuttle & Westmead hospital shuttle

**Times for arrival and departure at Westmead Hospital & surrounding clinic's/Doctor's or The Hills Private/ Norwest Hospitals and surrounding clinics/Doctor's are:**

**Monday – Friday**

**9.00am, 11.00am, 1.00pm & 3.00pm**

The final shuttle will depart The Hills area & Westmead Hospital at 3.00pm. If you are not at the departure point by this time, you will need to make your own way home.

### Subsidised Fees:

Single client: \$15.00 one way or return

Couple: \$20.00 one way or return

Please tell your doctor you are traveling with Community Transport so they can help us ensure you meet the timetable.

## Out of hours or weekends Taxi Services

**Do you wish to travel outside our operating hours?**

- 1 We offer subsidised taxi travel within your local area (valued @ \$10.00 per journey)
- 2 Simply call us to provide details of your upcoming trip e.g. date, destination and how many people will travel with you. Minimum of 1 weeks' notice is required.
- 3 We will contact Premier Taxis to advise of your pending out of hours booking
- 4 On the **day of travel** you must contact Premier Taxi's on **8868 4114** to confirm your pick up times and location
- 5 Each journey is subsidised by \$10.00 and you pay remainder of fare to taxi driver on the day